

## High School Programs

This 45-minute, 1-day presentation is an open discussion about dating violence, its laws, and prevention strategies for the high school student.

Concepts discussed are:

- \* Similarities between domestic violence and dating violence
- \* Reasons abusers give for abusive behaviors
- \* Reasons why a victim stays in the relationship
- \* Healthy and unhealthy relationships
- \* Types of abuse
- \* Cycle of violence
- \* Safety plans

### Private Room

Private room is an opportunity for students 12 years and older to speak with a presenter in a confidential setting. This service is designed for any student needing to talk or wishing to have services.

### Contact Information

If you would like to schedule programs or have any questions about our prevention programs, please contact:

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## MUTUAL GROUND INC

Providing Services In Kane and Southern  
Kendall County to Victims of Domestic  
Violence and Sexual Assault

*Prevention Education Department  
Domestic Violence Programs*



**Tel. 630.897.0084, Ex. 107**

## Domestic Violence Program Information

Our domestic violence prevention programs teach students from elementary through high school to recognize and reduce violence in their lives.

1. Programs are done in individual classrooms by our trained presenters.
2. Age-appropriate videos, role plays, discussion materials and handouts help students better understand the dynamics of interpersonal violence.
3. Students over the age of 12 will be provided private time to speak with prevention educators if they choose.



### Elementary Programs

#### K-2nd Grade

##### Violence Prevention

This 45-minute, 2-day presentation is a more in depth look at feelings. Some of the concepts covered in this program are:

- \* Different emotions and how they look and feel
- \* Anger and how it feels
- \* Different methods for cooling down when angry feelings occur



#### 3rd-4th Grade

##### Violence Prevention

This 45-minute, 2-day presentation is all about resolving conflict in a non-violent way.

Some concepts covered are:

- \* Discussing anger
- \* Defining violence
- \* Cool down methods
- \* Peaceful solutions to anger escalation
- \* Discussing conflict & resolution

### Middle School Programs

#### 5th-6th Grade

##### Domestic Violence Prevention Programs

This 45-minute, 2-day program is a compelling view of what can happen when violence is in the home. In 5th grade, the program focus is on what to do when anger escalates in any situation. In 6th grade the discussion turns toward violence in the home, as well as the effects on the family and community.

Concepts covered are:

- \* Escalation of anger
- \* Violence in the family
- \* Types of abuse
- \* Cycle of violence
- \* Safety plan

#### 7th-8th Grade

##### Dating/Domestic Violence Program

This 45-minute, 2-day program is an interactive way to teach teenagers about the dangers of unhealthy relationships. Concepts covered are:

- \* Defining domestic and dating violence
- \* Healthy and unhealthy relationships
- \* Why abusers abuse and why victims stay
- \* Types of abuse
- \* Cycle of violence
- \* Safety plan